Elder Bobby Willis



Psalms 94:18, "When I said, My foot slippeth; thy mercy, O Lord, held me up."

Have you ever slipped and fallen? If so, you know the feeling of helplessness that flashes by before the floor, ground, pavement, or whatever brings you back to the stark reality of what just happened. When this does happen, we all pray there will be no broken bones or permanent damage.

David expressed his feeling of helplessness in life the same as we sometimes feel, as if we are falling or on the way down because of any number of circumstances. However, when that feeling came, David realized that the mercy of the Lord held him up time and time again. Notice that David said **"When"**, meaning he had experienced it before and knew he would again and also knowing that it was the mercy of God that helped him get through it. David, in Psalm 3:5 wrote, **"I laid me down and slept; I awaked; for the Lord sustained me."** Whether that sleep be a natural type we experience each night, or whether it be as we lay down in death, the Lord does sustain us. As we awake to face another day, we need to thank the Lord for it. Likewise, if we lay down in death and awake in the portals of Paradise, we will praise His wondrous name for God still sustains us. May we always remember that it is the Lord who takes care of us whenever our **"foot slippeth."** *Think About IT!*