## Elder Bobby Willis



## Psalm 56:3, "What time I am afraid, I will trust in thee."

Trusting in the Lord does not mean that all the cares of this vain world will automatically go away and we will live a care free life. The psalmist David, in Psalm 36:3, tells us plainly that while he personally will be trusting in the Lord, he is still afraid to a certain extent. What this verse means to us today is that David knows that while he is facing that which made him afraid to start with, God would be with him to help him bear through it. We should do the same. Peter gives the same meaning, or context, in I Peter 5:7, **"Casting all your care upon him; for he careth for you."** Here the meaning is that the Lord will help you bare your burdens and your cares in which you are unable to bear alone. What a wonderful promise this is to all Children of God. To **"trust"** and to **"cast"** is giving up your problems to one who has all power in heaven and in earth. Think about it!